

PREFACE

As I finished the final edits to this book, the *New York Times* featured an in-depth article about the failure of conventional medicine to cure more cancers.

According to the *New York Times*, adjusting for the size and age of the population, cancer death rates dropped only 5 percent from 1950 to 2005.

What other technology has performed so miserably over this fifty-five-year period? Would you accept a medical therapy that has not improved much since 1950?

In contrast, the death rate from heart disease dropped 64 percent in that time, and for flu and pneumonia it fell 58 percent.

The *New York Times* was especially critical of expensive conventional treatments that subject patients to much mutilation and suffering, yet yield survival improvements of only a few months.

Clearly, as the *Times* states, “we are not winning the war against cancer.”

This book is written to show another side of cancer treatment and what you can do now to prevent getting this dreaded disease.

As a reader, you must know there are no guarantees. Cancer kills and continues to kill. Yet there are some who beat it. Some beat it with traditional methods, and some with alternative methods. No one can tell you

what will work for sure. You need to gather as much information as you can and make your own decisions.

But there is hope, and this book offers new choices. It is important you know that there are more methods than traditional chemotherapy and radiation available, and these are what this book attempts to bring to you, my faithful readers. Although I have always leaned toward alternative medicine, the testimonials of the “cured” patients made a believer out of me.

It is a very brave choice to go against traditional medicine and embrace the alternative route. It’s easier to try the traditional route and then, if it fails, go to the alternatives, but often it can be too late. My friend Farrah—would she have made it if she had gone alternative first? There is no way of knowing.

When you receive a cancer diagnosis, you’re more vulnerable than at any other time in your life. I’ve personally had the experience twice, as you will read in this book, and my only hope for survival was alternatives. But that was my decision, what I thought best for me.

I cannot make up your mind for you. I can only offer you these incredible professionals who have chosen to go another way. Some are completely alternative, while some are more integrated, but all are having success, great success.

Does everyone survive, though? The sad answer is no. Having cancer is a lonely experience. It is the one time in your life that you cannot ask those closest to you, “What should I do?” It’s too heavy a burden to place on another person. This is your life, your decision, and cancer kills.

Read this book carefully. See and feel if the information resonates. I know that for myself, after having interviewed all of these incredible doctors, scientists, professionals, and patients, my choice overwhelmingly would be to use only alternative treatments regardless of what kind of cancer I contracted.

I am not a doctor or a scientist, but merely a passionate layperson, a filter, a messenger. I spoke with so many patients who are living normal, happy, fulfilled lives, and their enthusiasm and great quality of life convinced me that indeed you can live with cancer. You can manage cancer. You don’t have to be degraded by humiliating treatments and protocols. And in some cases, you can be cured of cancer.

It is with great humility I ask you to read these pages and then listen to your heart and choose what is best for you. Writing this book has taken away my fear of cancer. I hope reading it does the same for you.