

suzanne™ Meat and Pork



SAUCY TACO MEAT

1 ½ lbs. ground beef (or turkey)
½ jar **SUZANNE™ Tex Mex Simmer Sauce**
¾ teaspoon **SUZANNE™ Southwest Sea Salt Rub**

Place ground beef into a large skillet on medium high heat. Season with Southwest Sea Salt Rub. Brown meat, then drain off excess fat. Add Tex Mex Simmer Sauce and cover. Simmer over medium heat for approximately 10 minutes.

Great in tacos, burritos, enchiladas or taco salads.

Suzanne Somers Weight Loss Plan: *Taco meat is Level One Pro/Fats and Veggies. Great served in a lettuce cup with cheese and salsa.*