

suzanne™ Meat and Pork

## SHREDDED PUERCO ASADA (PORK)



4-5 lb. pork roast (*shoulder or rump*)  
Olive Oil  
1 pkg. **SUZANNE™ Carne Asada Rub**

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*Rub the pork with olive oil, then coat liberally with Carne Asada Rub. Set the slow cooker to low and cook for 8 hours. Pull apart meat with two forks to make shredded pork.*

*Great for tacos, salads, burritos or serve with BBQ sauce for pulled pork sandwiches.*

**Suzanne Somers Weight Loss Plan:** *The meat is Level One Pro/Fats.*